



Secretary's Corner

Al-Anon of Southeastern WI

Coronavirus Update

These are unprecedented times. Many weekly meetings may need to close or relocate. Many open meetings may cancel.

If your group decides to close or relocate a weekly meeting temporarily or to cancel an Open Meeting, please contact the ServiceCenter at (414)257-2415 and/or email webmaster@alanon-wi.org. This lets our volunteers know, who answer the phone so they can pass the information along.

Meeting changes will be posted on the Secretary Corner, 1st page. Event cancellations will be labelled as ***** CANCELLED ***** in the Secretary Corner Events listings.

For additional information, refer to links below. Also available on alanon-wi.org website home page under More Links.

- [CoronavirusUpdates](#)
- [ConferenceCallMeetingHowTo](#)

Some thoughts...

Although I'm powerless over the fact that we have this coronavirus epidemic, I'm not powerless over how I choose to think about the situation and the choices I make to take care of myself and to be mindful of others.

Remember...

One Day at a Time - avoid being overwhelmed by asking for our Higher Powers will for us for just this day.

Listen and Learn - connect with others by phone, check in with the vulnerable in your group, give and receive.

Ask for Help - don't forget that help is a phone call or email away, use the group's phone list.

You are Not Alone - even if it's recommended that we stay home, Al-Anon has. [Phone&OnlineMeetings](#)

This Too Shall Pass - although there's much we don't know, including how long this will last, it will pass.

Prayers - Virtual Hugs - Hope

Meeting - Changes and Closures

*Click on link to Al-Anon Website Home Page for:
[Suggested Online Phone Lead Prompts](#)

Sunday 9:30am Sunday Morning Sunlight at Waukesha Memorial Hospital, Waukesha **will meet via Zoom Meeting** at <https://zoom.us/j/788218074>

Meeting ID: 788 218 074

One tap mobile voice-only

+13126266799,,788218074# US (Chicago)

+16468769923,,788218074# US (New York)

Sunday 10am Sunday Morning AFG has been **temporarily moved** to Good Shepherd Church N88W17658 Christman Road, Menomonee Falls.

Sunday 11am Sunday Morning Alateen and Sunday Morning Pass It On at the Pass It On Club, Milwaukee **suspended**.

Sunday 5:30pm Living in the Solution at Aurora Psychiatric Hospital Lighthouse **will meet via Zoom Meeting, including their March 29th Open Meeting**

(speaker details on page 4). Click link:

<https://zoom.us/j/389530288?pwd=dHgyVDNYUDIWL3gxejRrZ0Z0NDVjdz09>

Detailed Zoom Meeting instructions are on page 8.

Sunday 6pm, Group 94-1/2 at Cathedral Church of All Saints, Milwaukee **will meet via Google Hangout on your computer. The Google Hangout instructions and meeting link are on page 8.**

Sunday 6pm & 7pm Beginner, Al-Anon and Alateen meetings at Galilee Lutheran Church, Pewaukee **suspended**.

Sunday Night Surrender 6:30pm Brookfield **will meet via Zoom Meeting** at <https://us04web.zoom.us/j/935816833>

Meeting ID: 816 833

Call-in only: 312-626-6799; enter #935816833

Monday 6:30pm Eastside Monday Night at North Shore Presbyterian Church, Shorewood **will meet via Zoom Meeting** at <https://zoom.us/j/178651943>

Meeting ID: 178 651 943

One tap mobile voice-only

+13126266799,, 178651943# US (Chicago)

+16468769923,, 178651943# US (New York)

continued on page 2

Changes and Closures *(continued)*

Monday 6:30pm Let Go and Let God AFG at Christ the King Lutheran Church, Delafield **suspended**.

Monday 7pm Monday Night How it Works AFG at Waukesha State Bank in Muskego **suspended**.

Monday 7pm First Things First at First Congregational Church, Wauwatosa will **teleconference**.
Call-in: (978)990-5000; Access code: 688090#

Monday 7:30pm Beginner Meeting at the Al-Anon Service Center Rm 2143, West Allis **suspended**. *Note: We will let newcomers know about available online meetings and send them newcomer packets.*

Tuesday 8:30am Northside AFG at Unitarian Church North, Mequon **suspended**.

Tuesday 9am Tuesday A.M. at Lake Area Club, Oconomowoc **suspended**.

Tuesday 7pm Hales Corners AFG at Hales Corners Lutheran Church **suspended**.

Tuesday 7pm One Day at a Time at Roger's Memorial Hospital, Oconomowoc **suspended**.

Tuesday 7:30pm Renewal at Aurora Psychiatric Hospital Lighthouse Bldg., Wauwatosa **suspended**.

Wednesday 5pm Wednesday Acceptance at Trinity Methodist Church, Beaver Dam **suspended**.

Wednesday 7pm Listen and Learn Alateen at St. Matthias Church, Waukesha **suspended**.

Wednesday 7pm Twelve and Twelve at St. Matthias Church, Waukesha **will meet via Zoom Meeting**. Click link: <https://zoom.us/j/342093063>

Wednesday 7pm Ginne's Just For Today at Emmanuel Church, Hales Corners **suspended**.

Wednesday 7pm Spiritual Awakenings at the Pass It On Club, Milwaukee **suspended**.

Thursday 9:30am Open Our Hearts at Jerusalem Presbyterian Church, Wales will be **teleconferenced**.
Dial-in number: (605)313-5804
Punch in the Access code: 151052 plus the #. 151052#

Thursday 6pm Thursday Night Step Study at the Pass It On Club, Milwaukee **suspended**.

Thursday 6:30pm Twelve Steppers at St. John Lutheran Church, Brookfield **will meet via Zoom Meeting**. Click link: <https://zoom.us/j/230058093> Or you can call in with your phone.

Detailed Zoom Meeting instructions are on page 8.

Thursday 7pm Hartland How it Works at Church of the Resurrection **suspended**.

Thursday 7pm Friends of Lois at Martin Luther Church, Wauwatosa will be **teleconferenced**.
Dial-in number: (717)275-8940
Access code: 5342962#

Thursday 7pm Thursday Night AFG at St. Aidan Episcopal Church, Hartford **suspended**.

Friday, 12:05pm Back to Basics at Calvary Lutheran Church, Brookfield will be **teleconferenced**.
Call-in: (425)436-6346; Access code: 885070#

Friday 7:30pm Friday Night Friendship at Good Shepherd Church, Menomonee Falls **suspended**.

Friday 8pm Friday Night No Saints at All Saints Lutheran Church, Oak Creek **suspended**.

Saturday 8:30am Hope for Saturday at Aurora Psychiatric Hospital Lighthouse Bldg., Wauwatosa **will meet via Zoom**. Dial-in number: (312)626-6799
Enter the Meeting ID: 371510460#

Saturday 9:30am Key to Serenity at Lake Park Lutheran Church, Milwaukee **suspended**.

Saturday 10:30am Saturday Morning Sunshine at the Pass It On Club, Milwaukee **suspended**.

General Announcements

Service Board Openings

See pages 6-7 for service position details. For additional information e-mail: alanon@alanon-wi.org

Intergroup Meetings 2020

Meetings are at the Al-Anon Service Center at 6737 W. Washington Street, West Allis
Thursdays at 7:00pm, Room 2135.
Dates: ~~March 26 (CANCELED)~~, May 28, July TBD, September 24, November 19

Service Board Meetings 2020

Meetings are at the Al-Anon Service Center at 6737 W. Washington Street, West Allis
Thursdays at 6:30pm, Room 2216.
Dates: April 23, June 25, August 27, October 22, December 17

Al-Anon Service Center Announcements and Service Opportunities

Al-Anon Service Center

The office will be closed until further notice.

Phone calls and emails will be monitored and responded to. **The work will continue remotely.**

The office can now take Venmo payments. For members who haven't used it, there is loads of information online. Members just need to use the Al-Anon email address to make a payment:

alanon@alanon-wi.org

The office will be able to accept using Zelle soon. Watch for further details.

Used Literature Donations

The Al-Anon outreach committee is accepting donations of new or used Al-Anon Conference Approved Literature. Including: *The Forum and Al-Anon Faces Alcoholism* pamphlets and directories (directories need to be current); books such as *"How Al-Anon Works"* and daily readers, audio cassettes/CDs, and monetary donations toward the purchase of literature.

- ✧ Donations will be distributed to under-served populations, such as jails, shelters, mental health facilities and programs for low-income or minority populations.
- ✧ You can give your donations to your group's ISR or drop them off at the Al-Anon office in West Allis.

Community Outreach Activities - 2020

HOW to volunteer for community outreach?

- Give your email information to your ISR
- Send your email information to jmccabe2@wi.rr.com

WHAT volunteer opportunities are available?

- Represent Al-Anon at Community Events such as: Health and Wellness, and Drug Awareness
- Speak on behalf of Al-Anon at Friends and Family Programs
- Assist in Al-Anon awareness training for professionals, i.e. Police, Fire, EMTs, ...
- Provide Forum subscriptions for treatment centers, women's shelters, etc.
- Simplify professional training with professional techniques for easy distribution.

13th Annual AA at the VA Conference with Al-Anon participation – Saturday September 19, 2020

Volunteers needed: Al-Anon Chair, Al-Anon Co-Chair and eight Al-Anon Volunteers to speak on panels.

The AA planning group meets on the 3rd Saturday of each month from 9-10 am at the VA Medical Center on 50th and National Avenue in Milwaukee.

Contact Sandy by emailing sandyrice1949@yahoo.com or call 414-764-6244 for more information or to volunteer.

Public Outreach Opportunities

Here are some featured Public Outreach efforts in the southeastern WI area. Feel free to contact the coordinator for more information or to get involved. When we get busy in service, we get better!

Sunday – 6pm

Galilee Lutheran Church

N24 W26430 Crestview Dr., Pewaukee, WI
Contact Kathy R. [Coordinator]
262-367-7606 or kriley29@gmail.com

Every Saturday – 9am

Rogers Memorial Hospital

34700 Valley Rd., Oconomowoc, WI
Contact: to be provided

Every other Saturday of each month–11:30 am

Aurora Psychiatric Hospital

1200 Dewey Ave., Wauwatosa, WI 53213
Contact Denise M. [Coordinator]
414-235-5333 or denisemarisch@gmail.com

Office Always Looking for Volunteers

Contact the Al-Anon Service Center at 414-257-2415 or e-mail alanon@alanon-wi.org to sign up or to obtain additional information.

- ✧ Training will be provided for new volunteers. One year of Al-Anon attendance is required.
- ✧ The Saturday shift is from 9am to 12pm. If there is no volunteer on Saturdays, the Service Center is closed.
- ✧ We need substitute volunteers who would be available to fill in for last-minute duties on Saturdays and Monday evenings. You will be working alone, answering phones, writing receipts for purchases, and doing some light clerical duties. You may bring your own projects to do or catch up on your reading. Wi-Fi is available! Training will need to be scheduled.
- ✧ Various openings need to be filled each month. Please refer to the calendars on Volunteer page of alanon-wi.org website.

Upcoming Open Al-Anon Meetings

Saturday, March 28, 2020

Doors open at 12:15 pm

Event 12:45 - 5:30 pm

*** CANCELLED ***

These are unprecedented times. It is with sadness and acceptance of circumstances that we have decided to postpone the March 28th fund-raising event for the Al-Anon Service Center. When it becomes clear that we can reschedule the date, you will be the first to know.

Panels, Food, Fellowship, Fabulous Speakers!
Biggest Fundraiser of the year for Local Service Center! (formally known as Snowball)
Sponsored by Al-Anon Family Groups of SE Wisconsin
Summit Place (Atrium)
6737 W Washington Street
West Allis WI. 53214

Saturday March 28 & Sunday March 29, 2020

Al-Anon Without Borders

First Worldwide Roundup

Zoom Link [HTTPS://ZOOM.US/J/787378014](https://zoom.us/j/787378014)

Meeting Id: 787 37 8014 Password 912936

Times, topics and speakers are available on the alanon-wi.org website via the Events page and this downloadable [FLYER](#).

Sunday, March 29, 2020

5:30pm

Al-Anon Open Meeting with AA Participation
Sponsored by Living in the Solution

The meeting will take place via Zoom. Click link:

<https://zoom.us/j/389530288?pwd=dHgyVDNYUDIWL3gxejRrZ0Z0NDVjdz09>

Detailed Zoom Meeting instructions are on page 8.

Al-Anon Speaker: Jeri V., Milwaukee

AA Speaker: Andrew R., Milwaukee

Monday, March 30, 2020

7:00pm

*** CANCELLED ***

Al-Anon Open Meeting
Sponsored by Monday Night How it Works AFG
Waukesha State Bank
S69 W15273 Janesville Rd.
Muskego, WI
Topic: Daily Readers
Al-Anon Speaker: Laura K, Pewaukee

Monday, March 30, 2020

6:30pm

***** CANCELLED *****

Rescheduled on June 29

Al-Anon Open Meeting with AA Participation
Sponsored by Lake Country Let Go and Let God AFG
Christ the King Lutheran Church
1600 N. Genesee St.
Delafield
Enter at the South East corner of the building and
proceed downstairs.
Join us for Recovery, Fellowship and Treats!
Al-Anon Speaker: Nancy R., Pewaukee
AA Speaker: Matt R., Pewaukee

Thursday, April 2, 2020

6:30pm

Al-Anon Open Meeting with AA Participation
Sponsored by Twelve Steppers
St. John's Lutheran Church
20275 Davidson Rd.
Brookfield
Lower level-Room L-12.
Al-Anon Speaker: Ann H.
AA Speaker: Chad A.
Childcare available at open meetings

Friday, April 3 – Sunday, April 5, 2020

5:00pm Registration Friday

Al-Anon Serenity Weekend
St. Benedict's Retreat Center
12605 224th Avenue
Benet Lake, WI 53102
Not Just Surviving – Thriving!
Cost is \$200 single occupancy or \$185 double
occupancy
Includes:
• Registration, 4 meals (Sat. & Sun.), 2 nights
lodging
• Registration starts Friday, April 3rd at 5pm
• Retreat Ends Sunday, April 5th at 11am
Please call Beverly with questions at 773-852-6375

Saturday, April 25, 2020

8:30am - 12 noon

3 Panels
Al-Anon Open Meeting
St Luke Lutheran Church
4860 Arthur Ave
Slinger WI 53086

Friday, May 1 – Sunday, May 3, 2020

4pm Registration Friday

32nd Al-Anon Adult Children Workshop and Festival
An open weekend for adult children and those who
love them
Green Lake Conference Center (GLCC)
W2511 State Highway 23
Green Lake, WI
Cost for Workshop registration is \$40 (\$45 after
3/23, \$50 walk-ins)
Room cost is \$107 single or double occupancy, \$15
per night additional person.
Cost for 4 meals between Saturday and Sunday is
\$49.25, optional Friday dinner is \$14.75.
Additional meal cost for reservations made after
April 17th. See flyer on the Al-Anon website for
weekend schedule, registration form, and
speaker/panel details. Register via mail or online.

Thursday, May 7, 2020

5:30pm Potluck Dinner

6:30pm Speakers

Al-Anon Open Meeting with AA Participation
Sponsored by Twelve Steppers
St. John's Lutheran Church
Fellowship Hall (main level)
20275 Davidson Road (SE corner at Barker Road)
Brookfield, WI 53045
29th ANNIVERSARY POTLUCK AND OPEN MEETING
Bring a favorite dish to share.
Childcare available.
Handicap accessible.
Al-Anon Speaker: Gretchen M.
AA Speaker: John F.

Sunday, May 30, 2020

6pm Pot Luck Dinner

7pm Speakers

Save the Date!
Al-Anon Open Meeting with AA Participation
Community Memorial Hospital
W180N8085 Town Hall Road
Menomonee Falls
Spring Fling Open Meeting
A fundraiser with proceeds going to the Al-Anon
Service Center
Al-Anon Speaker: TBD
AA Speaker: TBD

Friday, October 23 - Sunday, October 25, 2020

Save the Date!

2020 AFG Convention

Chula Vista Resort & Waterpark

Wisconsin Dells, WI

Area 61 Wisconsin & the UP of Michigan

Al-Anon/Alateen with AA participation

Refer to the website for further info:

convention.area61afg.org

Open AA Events / Meetings

As stated in our Traditions, Al-Anon cooperates with AA and guides us to encourage and understand our alcoholic relatives. We can do this by attending open meetings of Alcoholics Anonymous with the purpose to learn more about the disease of alcoholism. For more info on open AA meetings go to www.aamilwaukee.com

Have an Event to Post?

Any additions to this newsletter are welcome.

Please e-mail the webmaster for the SE WI Al-Anon website at: webmaster@alanon-wi.org

Service Board Openings

Alateen Liaison

1. Alateen Liaison should be an Al-Anon member with or in the active process of getting AMIAS certification (Al-Anon Member Involved in Alateen Service). This includes:
 - a. Being an Al-Anon member who regularly attends Al-Anon meetings
 - b. Age is at least 23 years old
 - c. Having at least two years in Al-Anon, in addition to any time in Alateen
 - d. Having not been convicted of a felony, not been charged with child abuse or any sexually inappropriate behaviors and have not demonstrated emotional problems which could result in harm to Alateen members
2. The primary objective of this individual is to serve as an information conduit between the Inter-group/broader Al-Anon community and local Alateen Groups and Alateen Community as a whole. Toward this end, this individual will keep the Intergroup informed of Alateen events, developments or new meetings, and provide regular reminders regarding Alateen needs of support from the Al-Anon community.
3. Keep all Alateen group sponsors informed about the Midlake Conference and scholarships available.
4. Assist the Area Alateen Process Person with annual AMAIS recertification
5. It is preferred, but not essential to have sponsored an Alateen group for six months or more.

Group Outreach (Group Outreach Committee Chair)

Lead efforts to raise awareness of the work and value of the "Service Center" specifically related to participation in donations, decision-making and service. Create an ongoing communication and contact program to ensure connectivity with all registered groups in the 9-county area.

- a. Raise awareness about our services offered by the "Service Center", the need for financial and volunteer support, and assist registered groups' in their understanding of the Inter-group's decision-making process

- b. Increase participation of ISRs from groups that do not regularly attend the Intergroup meeting
- c. Visit and educate registered groups that DO NOT have an ISR of the importance of that position
- d. In conjunction with the Community Outreach committee, support the development of new groups, particularly Alateen and in other underserved communities
- e. In conjunction with the Communication committees, ensure communication about special events are well publicized
- f. In conjunction with the Human Resources committee, support the ongoing health of participating ISRs
- g. In conjunction with the Community Outreach committee, organize and support Alateen Sponsor Certification Program (AMIAS)
- h. Fill in as Service Board Officer if needed

Treasurer (Finance Committee Chair)

Provide continuous oversight of the funds flowing in and out of the organization, ensuring spending decisions support the work of the organization, allow for ample reserve, contain expenses, and align with revenue goals.

- a. Lead financial planning and management within the "Service Center"
- b. Manage performance expectations and development of the Bookkeeper
- c. Ensure that proper financial controls are in place and carry out needed financial duties in support of said controls
- d. In conjunction with the Fund Development committee, develop an annual budget in support of the financial needs of the organization
- e. Guide the Service Board on capital expenditures and recommendations about pay changes for the Bookkeeper
- f. Review analysis and trends to assess best way to communicate to the Service Board and Intergroup; strive for as much transparency as possible
- g. Fill in as Assistant Chairperson as needed
- h. Write an article for the website twice annually

Service Board Assistant Chairperson (Human Resources Committee Chair)

Lead all aspects of Human Resource needs of the organization ensuring compliance to federal and state laws is correct and ensure the long-term wellbeing of all paid employees and volunteers within the “Service Center”.

- a. Lead operations within the “Service Center” to include paid employees and volunteers
- b. Manage performance expectations and development of the Program Director
- c. Ensure that the pipeline of volunteers is healthy to support the “Service Center” as well as the Beginners Meeting
- d. Ensure a smooth onboarding process for new Intergroup members
- e. In conjunction with the Fund Development committee, plan and carry out annual (or more frequent) open house at the Service Center

- f. Guide the Service Board on performance of the Program Director and recommendations about pay changes
- g. Fill in as Chairperson as needed
- h. Write an article for the website twice annually

Secretary

- a. Provide accurate recording of minutes in all regular and special Intergroup and Service Board Meeting. Deliver digital copy in a timely manner to Program Director for distribution to Intergroup and Service Board members.
- b. Work with Communication Chair on any overlapping communication issues.
- c. Serve on the Communication Committee
- d. Fill in for a Service Board Officer if needed

How to do a Zoom Meeting

Click on the link below. (Join Zoom Meeting). It may ask you to download the client app, you should allow it. If you are using the phone, dial the Phone only number below and provide the Meeting ID followed by # key.

The leader or tech person from the meeting will open the ZOOM “meeting room” about 15 minutes before the meeting start time. Please try to be a little early. If your computer has a video camera you can choose to share your video. FYI, we can see everything you are doing. Also seeing the smiling faces of Al-Anon can be very comforting. Your computer has a microphone so when enabled, we will hear everything you say. You may stop your video any time and you may mute your microphone any time.

It’s good conference etiquette to mute your microphone when others are speaking.

At the scheduled meeting time, the leader will start the meeting.

Once the lead is complete the leader will use the list of participants and call on people to share. If called on, unmute your phone, share or pass, then go back to mute.

Following is the link for the Twelve Steppers AFG which normally meets on Thursdays at 6:30 pm at St. John’s Lutheran Church, Brookfield. Join Zoom Meeting: <https://zoom.us/j/230058093>

Phone only: 312-626-6799

Meeting ID: 230 058 093#

One tap mobile

+13126266799,,230058093#

Google Meeting Instructions

The Google Hangout conference call permits you to participate with or without video of yourself (you choose if you want to turn on your computer camera or not.)

-- You will need a Google account in order to participate. It's free -- just go to www.google.com and register. You will create your username and password, which you will likely need to sign in and join the conference call.

Following is the link for the 94-1/2 AFG which normally meets on Sundays at 6:00 pm at Cathedral Church of All Saints, Milwaukee. Join the Google Hangout Meeting:

https://hangouts.google.com/hangouts/_/calendar/bWVIZ3Nrb3ZlBkBnbWFpbC5jb20.6grj0dj671gj4b9o74s6ab9k68o3ab9pc4sm8b9p6li3gchlclgigpb3c8?authuser=0